

DROP IN, OPEN TO ANYONE  
16+!

# MORRISONS WELLBEING CAFES



King's Lynn - 1st Monday of the month, 5-6pm  
Diss- 1st Tuesday of the month, 10-11am  
Beccles - 2nd Monday of the month, 2-3.30pm  
Norwich Riverside- 2nd Thursday of the month, 11-12pm  
Cromer - 2nd Friday of the month, 1-2pm  
Pakefield- 3rd Tuesday of the month, 2-3pm  
Fakenham - 3rd Wednesday of the month, 10.30am-11.30am