

Cafe Socials

When it's cold out, why not join us at one of our café catch ups around the county?

Halesworth - Tues 5th March 12 noon

Chinny's, 27 Norwich Rd, Halesworth IP19 8BX

Attleborough - Weds 13th March 1.30pm

The Hideout, Queen's Square, Attleborough, NR17 1AF

Norwich - Thurs 14th March 10.30am

Merchant's House, 7-9 Fye Bridge St, NR3 1LJ

Fakenham - Mon 18th March 1.30pm

Pensthorpe Cafe, Pensthorpe Rd, Fakenham, NR21 0LN

Theatre Royal Norwich - Tues 19th March 10:30am

Theatre Royal Cafe, Norwich, NR2 1RL

Caister - Thurs 28th March 12.30pm

The Rabbit Hutch, Caister On Sea, NR30 5ET

Open to anyone 16+ with no need to book. Any queries please email us at socials@wellbeingnandw.co.uk